

Universal Healing Tao Foundation

Original Academic Curriculum of CNT Branch

to become certified practitioner, Teacher & Senior Teacher

	Theorie	Practice
Study entering requirements		
Applying in writing for training	1	
Prerequisites for entering the CNT I, II & III and KNT Practitioner Training path		
For Each massage technique a weekly group training (4 to 6 days) or 40 hours including anatomy with CNT Senior Teacher or CNT Teacher	13	16
Textbooks: Chi Nei Tsang I/II/III & Karsai Nei Tsang written by Mantak Chia	10	
	24	16
Allows to work as a CNT Trainee for collecting case studies		
Study Part 1- Becoming a CNT I Practitioner		
Textbook: Chi Nei Tsang I, Internal Organ Chi Massage book, written by Mantak Chia		
Collecting minimum 100 case study practice hours		150
Educating students in Six Healing Sounds		50
Attending a second weekly CNT I group training with GMC or Senior Teacher		
Attending Universal Healing Tao Basic Training Microcosmic Orbit, Healing Love, Iron Shirt recommended		40
CNT I weekly training course curriculum:		
Chi Qong	2	5
Inner Smile Meditation	1	1
Six Healing Sounds	1	3
Tao Yin Yoga	1	4
Releasing negativ energy through tree meditation	1	1
Exchanging massage technique with different partners	5	10
cleaning intestine with herbs or hydro colonic		2
Studying Chi Nei Tsang I, Internal Organ Chi Massage book, hands on techniques, Opening Wind Gates, anatomy	12	1
Evaluation by GMC or CNT Senior Teacher	1	1
	24	268
Certification as CNT I Practitioner		
Allows to work as a CNT I practitioner and have students (clients)		
Benefit: Profile of CNT I Practitioner is added into the Universal Healing Tao/CNT practitioner website		
Study Part 2 - Becoming a CNT II Practitioner		
Textbook: Chi Nei Tsang II book, Chasing the Winds, written by Mantak Chia		
Collecting minimum 100 case study practice hours		150
Educating students in Six Healing Sounds		50
Attending a second weekly CNT II group training with GMC or Senior Teacher		

CNT II weekly training course curriculum:

Studying Chi Nei Tsang II, Chasing the Winds, each wind according to a special disease with anatomy part	12	1
Chi Qong	2	5
Six Healing Sounds	1	3
Inner Smile Meditation	1	1
Tao Yin Yoga	1	4
Releasing negative energy through tree meditation	1	1
Cleaning intestine with herbs or hydro colonic		2
Exchanging massage technique with different partners	5	10
Evaluation by GMC or CNT Senior Teacher certified to evaluate CNT II	1	1

Certification as CNT II Practitioner	24	228
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Allows to work as a CNT II practitioner and have students (clients)

Benefit: Profile of CNT II Practitioner is added into the Universal Healing Tao/CNT practitioner website

Study Part 3 - Becoming a CNT III Practitioner

Textbook: Chi Nei Tsang III: Intensive Muscle, Tendon, Meridian Massage book by Mantak Chia		
Collecting minimum 100 case study practice hours		150
Educating students in Six Healing Sounds		50
Attending a second weekly CNT III group training with GMC or Senior Teacher		

CNT III weekly training course curriculum:

Studying Chi Nei Tsang III: Intensive muscle, tendon, meridian treatment	12	1
Chi Qong	2	5
Six Healing Sounds	1	3
Inner Smile Meditation	1	1
Tao Yin Yoga	1	4
Releasing negativ energy through tree meditation	1	1
Cleaning intestine with herbs or hydro colonic		2
Exchanging massage technique with different partners	5	10
Evaluation by GMC or Senior Teacher certified to evaluate CNT III	1	1

Certification as CNT III Practitioner	24	228
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Allows to work as a CNT III practitioner and have students (clients)

Benefit: Profile of CNT III practitioner is added into the Universal Healing Tao/CNT practitioner website

Study Part 4 - Becoming a Karsai Nei Tsang Practitioner

Textbook: Karsai Nei Tsang, Genital Therapeutic Massage book by Mantak Chia with anatomy part		
Collecting minimum 100 case study practice hours		150
Educating students in Six Healing Sounds		50
Attending a second weekly Karsai Nei Tsang group training with GMC or Senior Teacher		

Karsai Nei Tsang weekly training course curriculum:

Studying Karsai Nei Tsang , intensive pelvis and genital medical massage	12	1
Chi Qong	2	5
Six Healing Sounds	1	3
Inner Smile Meditation	1	1
Tao Yin Yoga	1	4
Releasing negativ energy through tree meditation	1	1
Cleaning intestine with herbs or hydro colonic		2
Exchange massage technique with different partners	5	10
Evaluation by GMC or Senior Teacher evaluated in Karsai Nei Tsang	1	1

Certification as KNT Practitioner	24	228
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Allows to work as a Karsai Nei Tsang practitioner and have students (clients)

Benefit: Profile Karsai Nei Tsang practitioner is added into the Universal Healing Tao/CNT practitioner website

Study Part 5 - Becoming a CNT Teacher

Attending Universal Healing Tao 4 weeks Instructor Training	100	150
Collecting 200 case studies		300
Attending Cosmic Healing I with Practitioner Certificate	12	13
Practicing as CNT I & II Practitioner minimum 2 years		
Assisting in CNT I & II group training with G-Master Chia or Senior Teacher	15	60
Evaluation by GMC or Senior Teacher who is certified to evaluate CNT I & II	3	3

Certification as CNT Teacher	130	526
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Allows to teach CNT and have students

Benefit: Tao Garden will send out mailing list to advertise for Senior Teacher or Teacher

If Tao Garden receives names/email addresses from students of Senior Teacher or Teacher

Profile of CNT Teacher is added into the Universal Healing Tao/CNT practitioner website

Study Part 6 - Becoming a CNT Senior Teacher

Work active as CNT Teacher for minimum 2 years	100	150
Certified as Cosmic Healing Teacher		
Assisting in two CNT weekly training with GMC Chia at Tao Garden	12	13
Evaluation by GMC	5	1

Certification as CNT Senior Teacher	117	164
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Allows to teach CNT and have students

Benefit: Tao Garden will send out mailing list to advertise for Senior Teacher or Teacher

If Tao Garden receives names/email addresses from students of Senior Teacher or Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao/CNT practitioner website

Study Part 7 - Becoming a CNT Institute Leader

Certified UHT Instructor with certification keys BA, IS1, HL
CNT Senior Teacher & Cosmic Healing Teacher

For curriculum & permission has to apply by Grand Master Chia CNC Asia to open a CNT institute

Certification as CNT Institute Leader

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Allows to lead a CNT Institute and educate the CNT Branch fully/has to send names/email addresses to Tao Garden

Benefit: Profile of CNT Institute leader is added in the UHT website

TOTAL STUDY PROGRAM CNT

367 1658